

WORLD YOUTH ALLIANCE BOOK LIST

The Invisible Cure

By Helen Epstein

This book provides insight into one of the greatest global health epidemics of the day. In her work, “The Invisible Cure”, Helen Epstein proposes simple, effective strategies to reduce the spread of HIV/AIDS in Sub-Saharan Africa. “Combatting the spread of HIV/AIDS is a key topic of global health which the World Youth Alliance has researched and written about in international policy discussions and its White Papers

Why The Invisible Cure

World Youth Alliance members can benefit from reading *The Invisible Cure* because it presents a person-centered response to HIV/AIDS. That is, it shows how a culture of personal responsibility can actually prevent the spread of HIV in sub-Saharan Africa. It also gives members a glimpse at how the UNAIDS bureaucracy works and better equips members to do advocacy at the United Nations and at regional institutions.

Guide questions for discussion groups

- What is concurrency? How does concurrency work to spread HIV? Why is concurrency so common in sub-Saharan Africa?
- What does Epstein believe is the solution to dangers posed by multiple concurrent partnerships?
- What strategies did Uganda employ to tackle the problem of HIV/AIDS? Who was involved? Why were they successful?
- How does Epstein feel about the role of UNAIDS in fighting the spread of HIV? How can UNAIDS do better?
- How does foreign aid create problems in efforts to reduce the spread of HIV?
- Why is it important to have locally driven, culturally appropriate interventions aimed at reducing the spread of HIV?